

DID YOU KNOW ?

“Health Screenings Fit Fun Day” has 3 middle names?
Come, have a GREAT TIME with us! Free of charge too.

Lakeview Seventh-day Adventist church
4001 Macedonia Rd, Powder Springs GA 30127

SUNDAY, FEB 16, NOON - 4:00

HEALTH SCREENINGS

Blood Sugar
High Blood Pressure
Cholesterol
Height / Weight

FITNESS FUN

Victoria	Little Ones Play
Garland	Youth Fitness
	Adult Fitness

ATTRACTIONS IN BOOTHS

Kaiser Permanente (parking lot)
AJ Alrick Duncan JR – LEGOs
Kale Me Crazy
MaYaSpeaks
Health is Wealth with B.E.M.E.R.
Community Services – Monica
Health Ministries
Nathan Thornton – Alkaline Water
Healy

PREVENTIVE HEALTH EDUCATION

Jamel Thompson, UrbanDetox
Dr Demi Pinteá, Healthy Colon Healthy Body
Health and Happiness Center
Esther King, RN BSN CDE Diabetes
Management
Samuel Akin, Natural Health

FOOD AND DEMONSTRATIONS

Vivian	Salad
Florence	Soup
Ruby	Black Bean Quinoa Salad
Joseph Ramos	Rice Noodles

SPECIAL FEATURES

Prayer Room – Miriam Henry
Talk Show – MaYa Thornton
Gardening – Noreen, Chair, Georgia
Nat'l Women in Agriculture Asso
Foot Massage – Atlanta Korean SDA

NATURAL REMEDIES

Sabbatical Lakes

ASK A DOCTOR

Dr Demi Pinteá

ORGANIZERS

Esther King / MaYa Thornton
General Manager, Grace Forbes